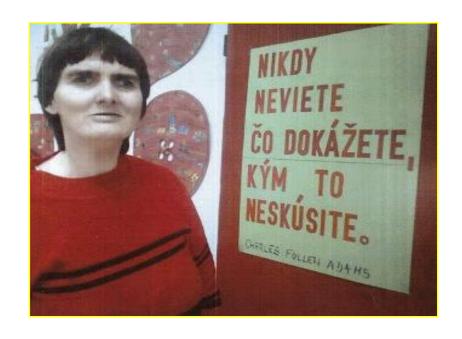


What is **KAMPINO**?

 an institute of social services which provides social services for physically and mentally disabled





It provides accommodation, board, cleaning, social services and education.

 They try to achieve the highest integration of the clients into society and labour market.





- Clients do voluntary work at the local market, library and sanctuary.
- Clients work according to individual plans which are based on their needs and skills.

Capacity

Daily care (25)

- from 6:45 to 5 p.m.
- clients are divided into 2 groups
- a social worker prepares a plan of activities

Activities:

- breakfast (some clients need help), walks, free time, lunch, relaxation and hobby groups.

Weekly care (19)

- they are divided into blue and green groups
- acommodation from Monday to Friday

Year-round care (6)

- supported housing
- clients live in their own house
- clients have assistants who spend free time with them (walks into town, cultural events, etc.) and take care of them



"We are INDEPENDENT, we laugh. We make our breakfast, dinner and do cleaning ourselves, too. In a house of social service we clean and cook. Here in the house we do everything on our own." – she said proudly. "We learn how to do shopping, I have my own room, which I decorate myself". (Katka)

Education

- interactive form or excursions according to various themes, for example:
 - "The day of water " = a guided trip to the countryside
 - "Walks in Bratislava " = exploring the town
 - English language
 - "We are not talking with food" = exhibition about healthy food

Free time

- the clients are interested in different activities
- personal experience is the most important





Creative workshops



- napkin technique:
- candlesticks
- Easter eggs decoration techniques
- Open-door day



Sports group

 table tennis, darts, volleyball, basketball, petang, football

 every year clients take part in regional or national competitions in swimming and table tennis

 they have also a lot of medals and awards in these sports events









Self-advocacy group

- how to express what they want and what they don't want
- how to spend free time in a way they want to
- how to solve common everyday situations
- what rights they have

Special occasions

- The Valentine's Day
- Carnival
- The Mothers' Day





- The Children's Day
- Santa Claus Welcoming
- 1 May

Art and culture

- a dance group
- a music and singers' group
- visits to museums and galleries





Main problems

Client in resistance

- different reactions every day
- clients don't want to cooperate and it's necessary to search for new ways of cooperation

Illness of clients

- clients threatening others
- insufficient healthcare

Financial problems

- low salaries
- low maintanance budget

What they want to change?

 Stereotypical opinions of society which are based on insufficient information and own experiences





They want to achieve a change by frequent meetings of mentally disabled with the general public

 Make media inputs, talking about making a change of attitude in general public about integration of mentally disabled





promote independence of clients and their active live

How can we help?

- Voluntary work it feels great when you help other people, you get new experiences and practice
- They appreciate volunteers: thanks, invitations to events, recommendations for future employers

How can you help as a volunteer?

- You bring help, new ideas and experiences and energy to solve the problems
- You can contribute by your work, time, skills and abilities, and by your personality





