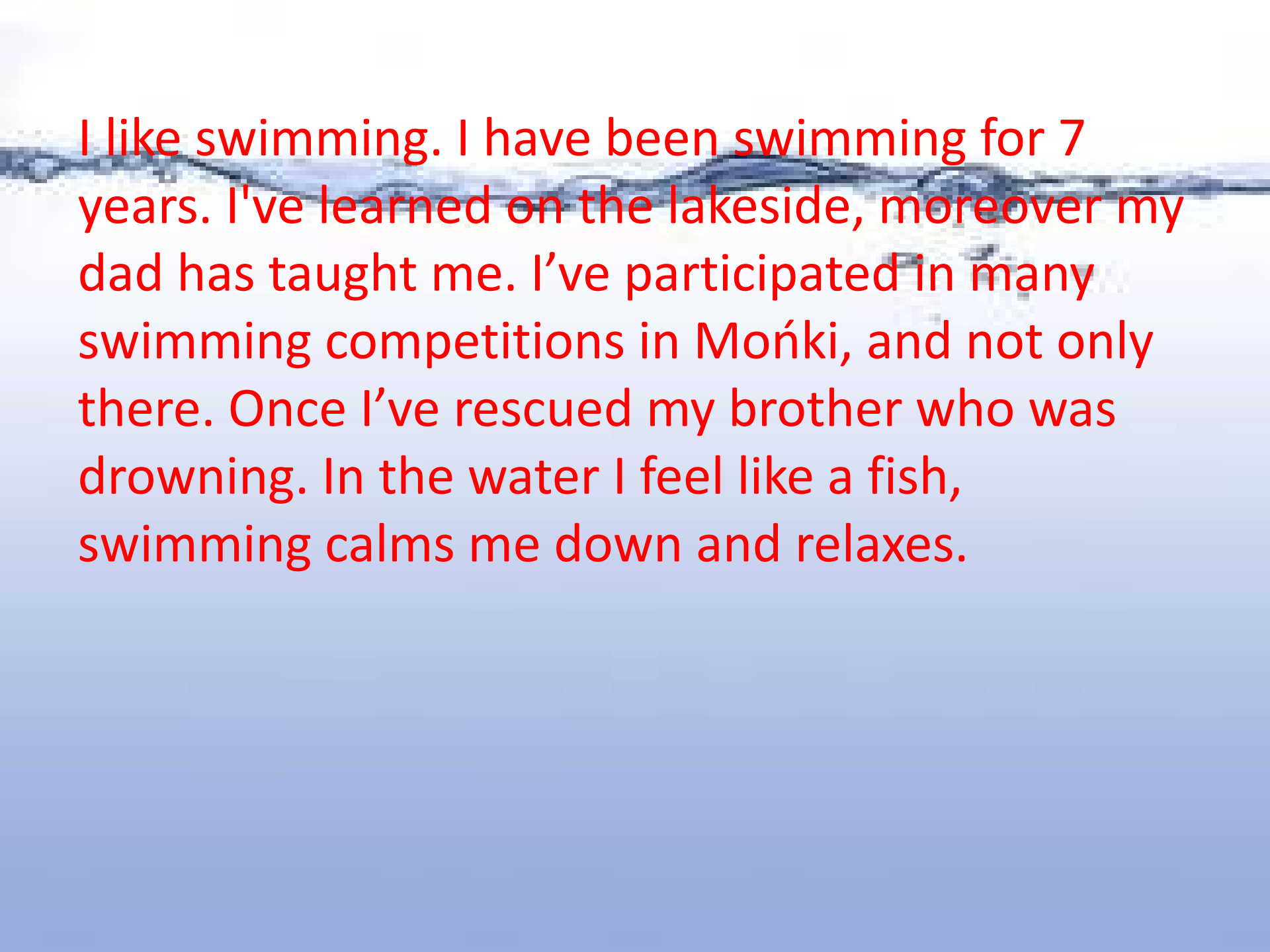


My hobby

Swimming



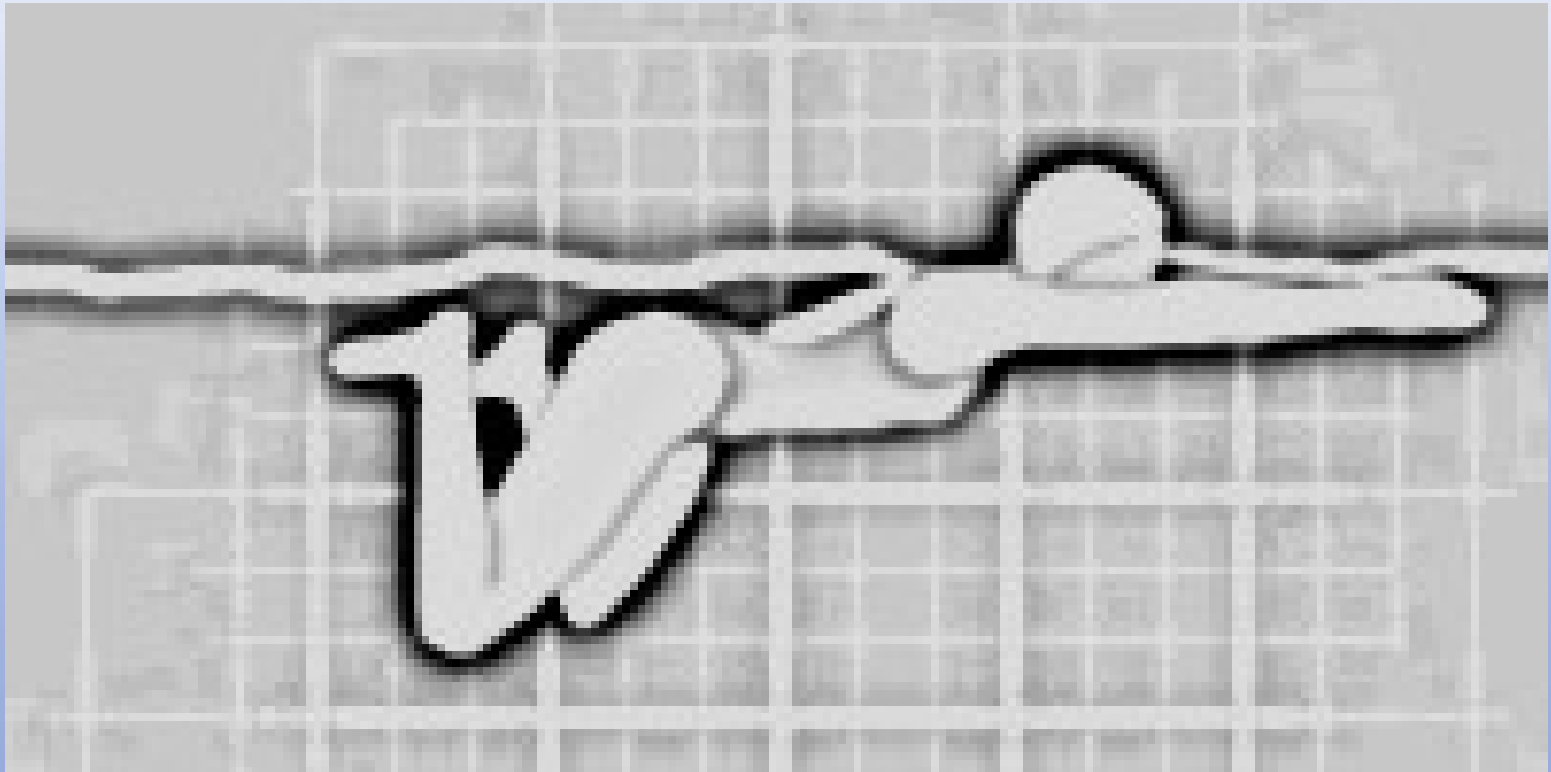


I like swimming. I have been swimming for 7 years. I've learned on the lakeside, moreover my dad has taught me. I've participated in many swimming competitions in Mońki, and not only there. Once I've rescued my brother who was drowning. In the water I feel like a fish, swimming calms me down and relaxes.

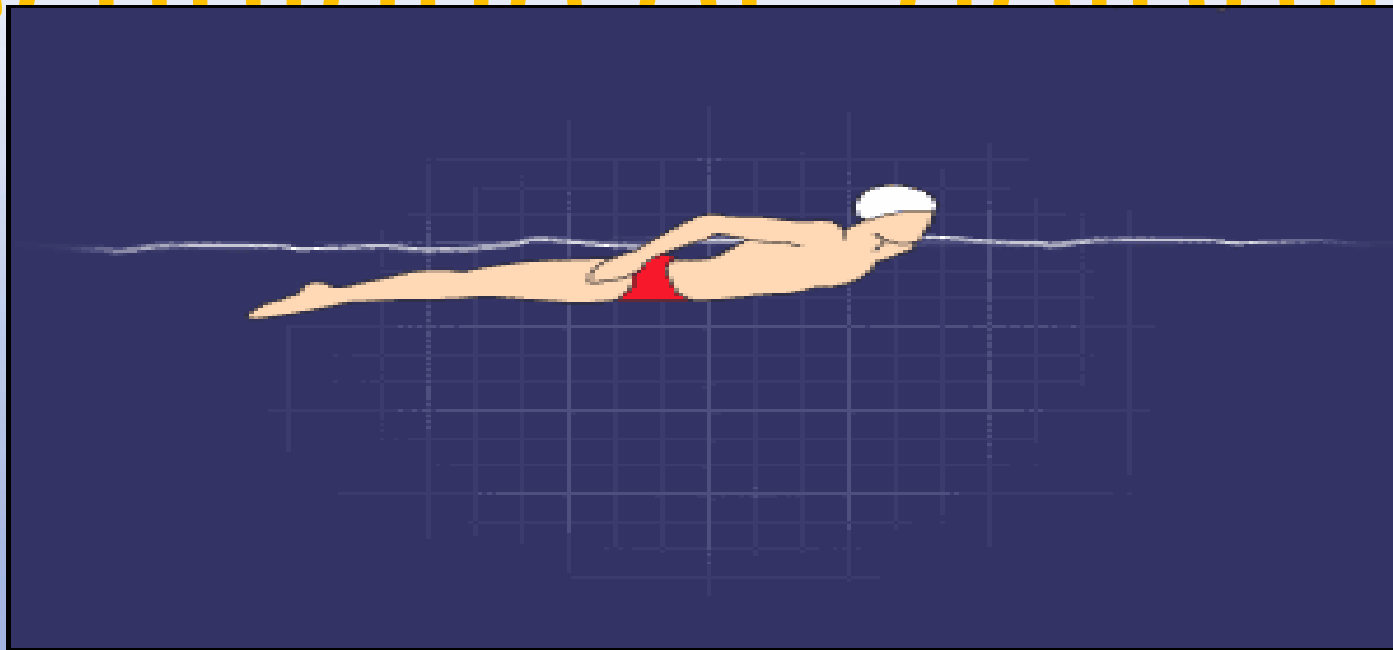


Swimming style

classic style - the
technique of "frog"

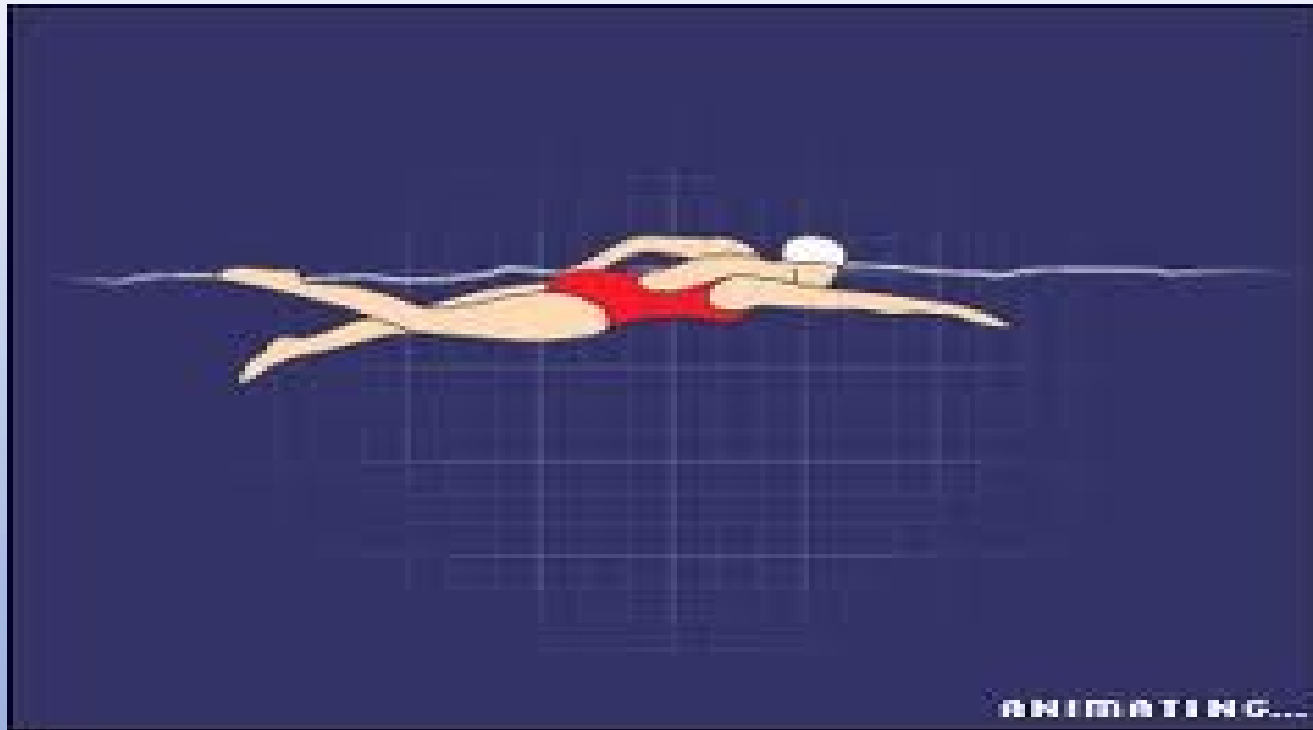


Butterfly - the technique of "dolphin"

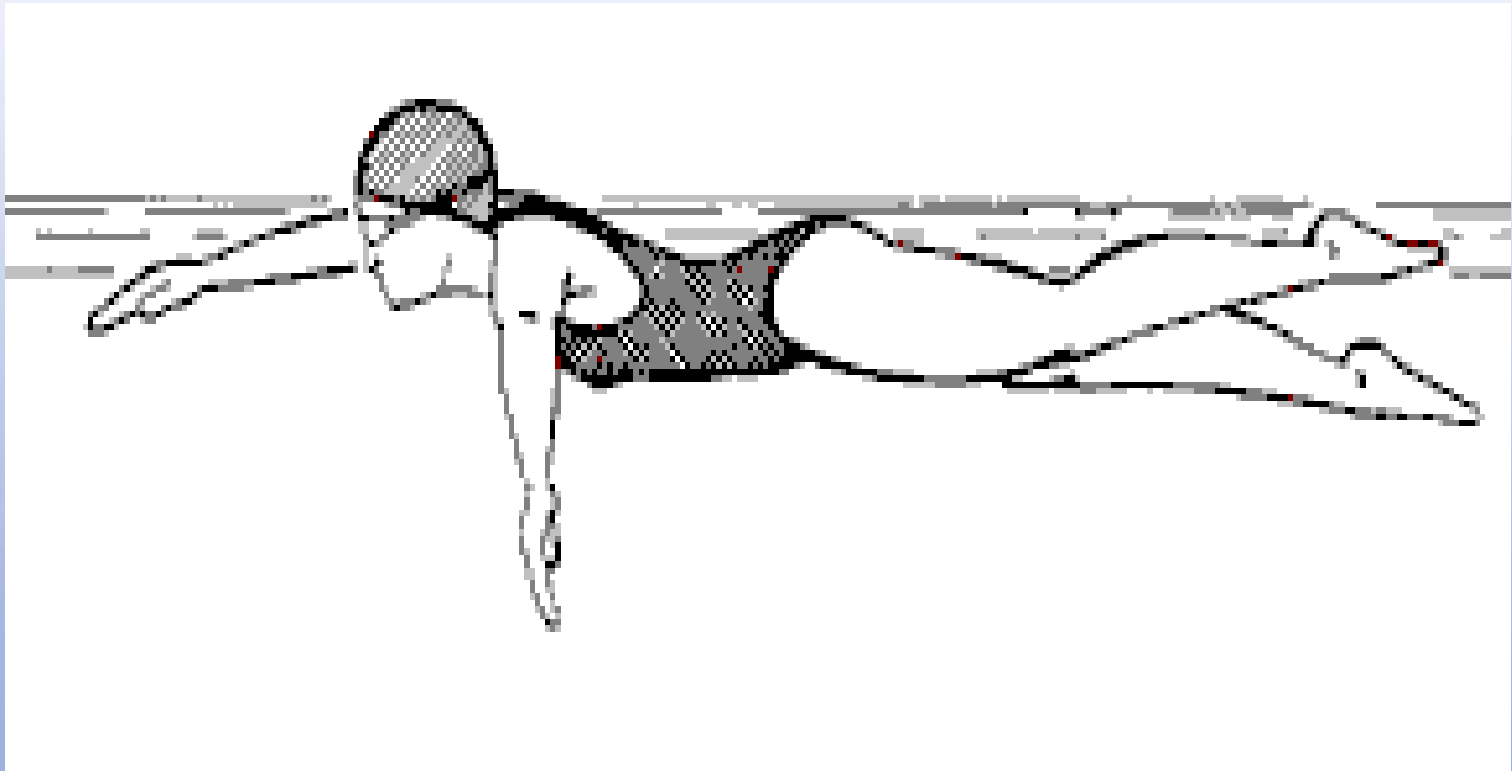


Back Style – technique

"Crawl on the back"



Freestyle - the technique of "crawl on his chest"





I like Swimming

presentation made by: Marta Kasabuła