#### ECCLESIASTICAL NURSING HOME "AGIOS NEKTARIOS" IN KOS, GREECE



#### History

- It started being built in 1969
- by Metropolitan Bishop Nathaniel and the support of citizens of Kos
- The cost for the Nursing home was funded by several sources:
  - Metropolitan Bishop Nathaniel spent a large amount of money
  - There have been also significant contributions from various citizens, the municipality of Kos and the Waqf of Kos
- The Nursing home of Ag.Nektarios was announced completed by the Metropolitan Bishop Nathaniel on 1<sup>st</sup> December 1971

# Reasons for stay in the institution

- Lack of family members
- Inability of family members to take care of them

#### How long is their average stay?

Until now the residents of Ag. Nektarios stay there for ever

# How many people are in the institution

- 8 women
- 2 men
- Availability for over 40
- Usually in Greece they keep their elederly within their families.







### What is their daily routine?

- The schedule allows for much variation between residents depending on their tastes and abilities.
- More active residents can benefit from a nursing home's various activities.
- Alternately, those nursing home residents with more reserved tendencies can opt to spend much of their time in their rooms, enjoying leisurely afternoons sitting in the nursing home garden, napping or visiting with family members.

### What is their daily routine?

- Those with severe medical needs can be transported and assisted by staff for meals, programs and services, enjoying the nursing home's social environment even if they are too weak to actively participate.
- Regularly visits by doctor for vital checks and medication.

What are their

chances to be included in a common life?

 It's difficult because of our society Problems concerning this group of people which represent an obstacle in their daily life. •Health problems

Problems concerning this group of people:

- Problems with their families
- Companionship
- Loneliness







#### Our visit

- A team of students and teachers of 2nd Lyceum of Kos visited nursing home Ag. Nektarios in the end of December.
- Guided in all areas of nursing homes in the dining room, the living room, their rooms.
- Everyone has his/her own room with their name on the door.



#### Our visit

- Everywhere there was absolute class and everything sparkled with cleanliness.
- They pass their time quietly, watching TV, resting and not lacking anything, nor their medication.







#### They chanted for us



#### Activities

- Various activities during their stay
- For example during Christmas period they organized an activity "Lighting Christmas Tree"
- The room of the nursing home was filled by people who visited inmates to light the Christmas tree and make them sing carols.
- Beautiful Christmas songs from children's choir.
- Metropolitan spoke with the warmest words for everyone who daily help the work of Metropolis, for employees and those who voluntarily support with so much love in the nursing home.













## Give a suggestion how can a common citizen contribute to the solution of these problems

- Many people offer voluntary work to the ECCLESIASTICAL Nursing Home "Agios Nektarios" in Kos.
- They spend time with the elderly by keeping them company, reading them books etc.
- The institution prepare sympathy meals for 300 people every day and volunteers distribute them.
- All citizen can contribute the way they can.

#### THANK YOU!